

Beyond Codependency

*Reading Melody Beattie is like talking
with a trusted friend*

"Melody Beattie is an American phenomenon . . . She connects with age-old quests for self-improvement and rebirth . . . [And she] understands being overboard, which helps her throw best-selling lifelines to those still adrift.

— *Time Magazine*

"The best book I've read for recovering codependents—and I've read them all. It goes beyond how we hurt to how we heal."

— Veronica Ray, author of *Choosing Happiness*

"Accolades to Beattie for another exceptional contribution to the literature on codependency."

— *Minneapolis Star Tribune*

Melody Beattie's groundbreaking *Codependent No More* articulated the experience of millions and made Beattie one of America's best-loved and most inspirational authors. *Beyond Codependency*—with sales of more than half a million copies—journeys into the heart of recovery to address family of origin work, self-esteem, relapse, sharing recovery with children, "fatal attractions," and more— with compassion, wisdom, and humor.

MELODY BEATTIE is the author of *Codependent No More*, *The Language of Letting Go*, and *The Codependent's Guide to the Twelve Steps*.

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BESTSELLER *CODEPENDENT NO MORE*

Beyond Codependency

And Getting Better All the Time

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